



& ITEMS

October 14th Drop Off Date



PHYSICAL THERAPY MONTH DAY OF SERVICE

September 14th through October 14th

Items Needed

- Travel Size Shampoo
- Travel Size Conditioner
- Soap
- Toothpaste and toothbrush
- Deodorant
- Feminine products
- Sunscreen
- Chapstick
- Razors
- Brushes
- Combs
- Q-tips
- Cotton balls
- Winter gloves
- Winter hats
- Socks
- Winter Scarves
- Tissues

Donation boxes will be located at:

McDonalds Physical Therapy

1005 N Hickory Rd
South Bend, IN

Goshen Health Rehabilitation.

1824 Dorchester Court
Goshen, IN

On October 14th we will meet at
McDonald's Physical Therapy at
9:30 am to then drop off donations at
Center for the Homeless and St.
Margaret's.

**COME ONE COME ALL!
LET'S
HELP MAKE NORTH
CENTRAL
INDIANA A BETTER
PLACE!**



Center for the Homeless has been
Serving the South Bend Community
for 27 years. The Center has served
more than 55,000 men, women and
children linking them with programs,
agencies and people who can help
individuals break the cycle
of homelessness.



St. Margaret's House
has been serving women and
children for 27 years. Some
have come for a day to meet
an immediate need for a hot,
nutritious meal, to take a
shower, to access our clothes
closet or simply to make a
phone call. Others have come for years because
they need help coping with the struggles of a single
parent, coping with mental and physical health
issues or surviving a history of sexual or physical
abuse. Each woman who comes finds a community
that encourages her to define herself by her gifts
and talents rather than her struggles.